

Carmen Stephan

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'The shortest fath to oneself leads around the world'

As a passionate traveler I have been discovering the world for many years now. Especially my exchange year in Latin America as a 17-years old student was a life changing experience. That was the reason why I became a specialist in Latin American studies. After finishing the academic studies, I specialized in Outdoor Education to combine my experience as a trainer with the approach of experimental learning. My professional career brought me then into a very international environment, and I have been working in many different parts of the world. Since the fact of digitalization became more and more important, I deepened my knowledge in the field of e-learning. As a coach I love to ask powerful systemic questions to stimulate the self-reflexing process of my clients. Particularly in times of living in a VUCA world, it's essential to be aware of one's core values and personal passion.

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My passion is to support people in finding their own ways, to recognize their talents and create their personal work and life environment.

If you want to find out, how yours could look like, we can meet online in a Zoom, or MS Teams call, or talk on the phone. My coaching languages are either English, Spanish, and German.



I would be looking forward to meeting you!

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